

# Marston's Menu Item Allergens and Intolerance Report

All food is prepared in kitchens where nuts, gluten and other allergens could be present. We cannot include all ingredients in our menu descriptions, so we have produced the table below to help you identify the allergens present in each dish. If you have a food allergy please let us know before ordering.

## 2021 T1B Boxing Day Menu

Dish Name	<b>Cereals containing Gluten :</b>											<b>Nuts :</b>															
	Wheat	Spelt (Wheat)	Kamut (Wheat)	Rye	Barley	Oats	Crustaceans	Eggs	Fish	Peanuts	Soybeans	Milk	Almonds	Hazelnut	Walnut	Cashew nut	Pecan nut	Brazil nut	Pistachio nut	Macadamia nut or Queensland nut	Celery	Mustard	Sesame	Sulphur dioxide/sulphites	Lupin	Molluscs	Suitable for Vegetarians

### Starters

YULE T1B BXD Chicken Garlic and Smoked Bacon Pate	Y	Y		Y							Y										Y			Y				
YULE T1B BXD Mini Breaded Camembert	Y	Y								Y	Y													Y			Y	
YULE T1B BXD NGCI Chicken Garlic and Smoked Bacon Pate								Y			Y										Y			Y				
YULE T1B BXD NGCI Prawn and Crayfish Cocktail						Y	Y	Y			Y											Y						
YULE T1B BXD NGCI Soup Red Pepper and Tomato							Y				Y										Y	Y					Y	
YULE T1B BXD Prawn and Crayfish Cocktail	Y	Y			Y	Y	Y	Y			Y											Y						
YULE T1B BXD Soup Red Pepper and Tomato	Y	Y		Y							Y										Y	Y					Y	
YULE T1B BXD VGN Soup Red Pepper and Tomato	Y	Y		Y							M										Y	Y					Y	Y

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	Wheat	Spelt (Wheat)	Kamut (Wheat)	Rye	Barley	Oats	Crustaceans	Eggs	Fish	Peanuts	Soybeans	Milk	Almonds	Hazelnut	Walnut	Cashew nut	Pecan nut	Brazil nut	Pistachio nut	Macadamia nut or Queensland nut	Celery	Mustard	Sesame	Sulphur dioxide/sulphites	Lupin	Molluscs	Suitable for Vegetarians	Suitable for Vegans					
<b>Mains</b>																																	
YULE T1B BXD Candied Nut Roast										Y	Y		Y	Y			Y	Y										Y			Y	Y	
YULE T1B BXD NGCI Candied Nut Roast										Y	Y		Y	Y			Y	Y											Y			Y	Y
YULE T1B BXD NGCI Roast Turkey											Y																		Y				
YULE T1B BXD NGCI Sirloin Steak with Braised Onions																													Y				
YULE T1B BXD NGCI VGN Candied Nut Roast										Y	Y		Y	Y			Y	Y										Y			Y	Y	
YULE T1B BXD Posh Fish and Chips	Y	Y			Y			Y	Y																								
YULE T1B BXD Roast Turkey	Y	Y						Y			Y	Y																Y					
YULE T1B BXD Sirloin Steak with Braised Onions	Y	Y																										Y					
YULE T1B BXD VGN Candied Nut Roast										Y	Y		Y	Y			Y	Y										Y			Y	Y	
<b>Desserts</b>																																	
YULE T1B BXD Belgian Chocolate and Raspberry Truffle											Y	Y																Y			Y		
YULE T1B BXD Caramel Apple Tart	Y	Y				Y						Y	Y															Y			Y		
YULE T1B BXD Cheese and Biscuits	Y	Y			Y	Y		Y			Y	Y										Y		Y	Y			Y			Y		
YULE T1B BXD Lemon and Stem Ginger Cheesecake								Y				Y																Y			Y		
YULE T1B BXD NGCI Belgian Chocolate and Raspberry Truffle												Y	Y															Y			Y		
YULE T1B BXD NGCI Lemon and Stem Ginger Cheesecake								Y				Y																Y			Y		
YULE T1B BXD VGN Belgian Chocolate and Raspberry Truffle												Y																Y			Y	Y	
YULE T1B BXD VGN Caramel Apple Tart	Y	Y				Y						Y																Y			Y	Y	

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<b>Carvery Mains</b>																													
YULE T1B BXD Carvery	Y	Y						Y			Y	Y																	
YULE T1B BXD Carvery Candied Nut Roast	Y	Y						Y		Y	Y	Y	Y	Y		Y	Y								Y			Y	
YULE T1B BXD NGCI Carvery											Y	Y												Y					
YULE T1B BXD NGCI Carvery Candied Nut Roast										Y	Y	Y	Y	Y		Y	Y							Y				Y	
YULE T1B BXD NGCI Sirloin Steak with Braised Onions																								Y					
YULE T1B BXD NGCI VGN Carvery Candied Nut Roast										Y	Y		Y	Y		Y	Y							Y				Y	Y
YULE T1B BXD Posh Fish and Chips	Y	Y			Y			Y	Y																				
YULE T1B BXD Sirloin Steak with Braised Onions	Y	Y																						Y					
YULE T1B BXD VGN Carvery Candied Nut Roast	Y	Y								Y	Y		Y	Y		Y	Y							Y				Y	Y



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### Sides

YULE T1B BXD Extra Cheesy Roast Potatoes												Y																	Y	
YULE T1B BXD Extra Pigs in Blankets (Bowl of 10)											Y													Y						





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## 2021 T1B Christmas Day Menu

Dish Name	<b>Cereals containing Gluten :</b>										<b>Nuts :</b>																					
	Wheat	Spelt (Wheat)	Kamut (Wheat)	Rye	Barley	Oats	Crustaceans	Eggs	Fish	Peanuts	Soybeans	Milk	Almonds	Hazelnut	Walnut	Cashew nut	Pecan nut	Brazil nut	Pistachio nut	Macadamia nut or Queensland nut	Celery	Mustard	Sesame	Sulphur dioxide/sulphites	Lupin	Molluscs	Suitable for Vegetarians	Suitable for Vegans				
YULE T1B XMD Candied Nut Roast									Y	Y		Y	Y			Y	Y										Y			Y	Y	
YULE T1B XMD Champagne Salmon								Y	Y		Y	Y																				
YULE T1B XMD Garlic Mushroom Sirloin											Y																					
YULE T1B XMD NGCI Candied Nut Roast										Y	Y		Y	Y			Y	Y										Y			Y	Y
YULE T1B XMD NGCI Champagne Salmon								Y	Y		Y	Y																				
YULE T1B XMD NGCI Garlic Mushroom Sirloin												Y																				
YULE T1B XMD NGCI Roast Turkey											Y																	Y				
YULE T1B XMD NGCI VGN Candied Nut Roast										Y	Y		Y	Y			Y	Y										Y			Y	Y
YULE T1B XMD Roast Turkey	Y	Y						Y			Y	Y																Y				
YULE T1B XMD VGN Candied Nut Roast										Y	Y		Y	Y			Y	Y										Y			Y	Y



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Dish Name	<b>Cereals containing Gluten :</b>										<b>Nuts :</b>																		
	Wheat	Spelt (Wheat)	Kamut (Wheat)	Rye	Barley	Oats	Crustaceans	Eggs	Fish	Peanuts	Soybeans	Milk	Almonds	Hazelnut	Walnut	Cashew nut	Pecan nut	Brazil nut	Pistachio nut	Macadamia nut or Queensland nut	Celery	Mustard	Sesame	Sulphur dioxide/sulphites	Lupin	Molluscs	Suitable for Vegetarians	Suitable for Vegans	
<b>Desserts</b>																													
YULE T1B XMD Caramel Apple Tart	Y	Y				Y					Y	Y																Y	
YULE T1B XMD Cheese and Biscuits	Y	Y		Y	Y			Y			Y	Y									Y		Y	Y				Y	
YULE T1B XMD Christmas Pudding	Y	Y										Y												Y				Y	
YULE T1B XMD Lemon and Stem Ginger Cheesecake								Y			Y													Y				Y	
YULE T1B XMD Mint Chocolate Gateau	Y	Y						Y			Y	Y																	
YULE T1B XMD NGCI Lemon and Stem Ginger Cheesecake								Y			Y													Y				Y	
YULE T1B XMD VGN Caramel Apple Tart	Y	Y				Y					Y													Y				Y	Y
YULE T1B XMD VGN Christmas Pudding	Y	Y																						Y				Y	Y

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### **2021 T1B Christmas Day Menu**

Dish Name	<b><u>Cereals containing Gluten :</u></b>													<b><u>Nuts :</u></b>												Suitable for Vegetarians	Suitable for Vegans	
	Wheat	Spelt (Wheat)	Kamut (Wheat)	Rye	Barley	Oats	Crustaceans	Eggs	Fish	Peanuts	Soybeans	Milk	Almonds	Hazelnut	Walnut	Cashew nut	Pecan nut	Brazil nut	Pistachio nut	Macadamia nut or Queensland nut	Celery	Mustard	Sesame	Sulphur dioxide/sulphites	Lupin	Molluscs	Suitable for Vegetarians	Suitable for Vegans

#### **Carvery**

YULE T1B XMD Carvery	Y	Y						Y			Y	Y	Y															Y					
YULE T1B XMD Carvery Candied Nut Roast	Y	Y						Y		Y	Y	Y	Y	Y			Y	Y										Y				Y	
YULE T1B XMD Carvery Champagne Salmon	Y	Y						Y	Y		Y	Y	Y															Y					
YULE T1B XMD Carvery Garlic Mushroom Sirloin	Y	Y						Y			Y	Y	Y															Y					
YULE T1B XMD NGCI Carvery											Y	Y	Y															Y					
YULE T1B XMD NGCI Carvery Candied Nut Roast										Y	Y	Y	Y	Y			Y	Y									Y				Y		
YULE T1B XMD NGCI Carvery Champagne Salmon								Y	Y		Y	Y	Y														Y						
YULE T1B XMD NGCI Carvery Garlic Mushroom Sirloin											Y	Y	Y														Y						
YULE T1B XMD NGCI VGN Carvery Candied Nut Roast										Y	Y		Y	Y			Y	Y									Y				Y	Y	
YULE T1B XMD VGN Carvery Candied Nut Roast	Y	Y								Y	Y		Y	Y			Y	Y									Y				Y	Y	



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## 2021 T1B Christmas Day Menu

Dish Name	Cereals containing Gluten :							Crustaceans	Eggs	Fish	Peanuts	Soybeans	Milk	Nuts :													Suitable for Vegetarians	Suitable for Vegans	
	Wheat	Spelt (Wheat)	Kamut (Wheat)	Rye	Barley	Oats	Almonds							Hazelnut	Walnut	Cashew nut	Pecan nut	Brazil nut	Pistachio nut	Macadamia nut or Queensland nut	Celery	Mustard	Sesame	Sulphur dioxide/sulphites	Lupin	Molluscs			
YULE T1B XMD KID VGN Meat-Free Sausages	Y	Y			Y	Y					Y																Y	Y	
YULE T1B XMD KID VGN Soup Tomato	Y	Y		Y								M									Y						Y	Y	
<b>Under 5s</b>																													
YULE T1B XMD U5 Carvery	Y	Y						Y			Y	Y	Y														Y		
YULE T1B XMD U5 Carvery Meat-Free Sausages	Y	Y			Y	Y		Y			Y	Y	Y													Y		Y	
YULE T1B XMD U5 Ice Cream											Y	Y																Y	
YULE T1B XMD U5 Roast Turkey											Y																		
YULE T1B XMD U5 VGN Carvery Meat-Free Sausages	Y	Y			Y	Y					Y		Y													Y		Y	Y
YULE T1B XMD U5 VGN Ice Cream											Y																	Y	Y
YULE T1B XMD U5 VGN Meat-Free Sausages	Y	Y			Y	Y					Y																	Y	Y
<b>Sides</b>																													
YULE T1B XMD Extra Cheesy Roast Potatoes												Y																Y	
YULE T1B XMD Extra Pigs in Blankets (Bowl of 10)											Y															Y			

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## 2021 T1B Christmas Festive Menu

Dish Name	<b>Cereals containing Gluten :</b>										<b>Nuts :</b>																	
	Wheat	Spelt (Wheat)	Kamut (Wheat)	Rye	Barley	Oats	Crustaceans	Eggs	Fish	Peanuts	Soybeans	Milk	Almonds	Hazelnut	Walnut	Cashew nut	Pecan nut	Brazil nut	Pistachio nut	Macadamia nut or Queensland nut	Celery	Mustard	Sesame	Sulphur dioxide/sulphites	Lupin	Molluscs	Suitable for Vegetarians	Suitable for Vegans
YULE T1B FF Chicken Garlic and Smoked Bacon Pate	Y	Y			Y						Y										Y			Y				
YULE T1B FF Mini Breaded Camembert	Y	Y									Y	Y												Y				Y
YULE T1B FF NGCI Chicken Garlic and Smoked Bacon Pate								Y			Y										Y			Y				
YULE T1B FF NGCI Prawn Cocktail							Y	Y	Y		Y											Y						
YULE T1B FF NGCI Soup Red Pepper and Tomato								Y			Y										Y	Y						Y
YULE T1B FF Prawn Cocktail	Y	Y			Y		Y	Y	Y		Y											Y						
YULE T1B FF Soup Red Pepper and Tomato	Y	Y		Y							Y										Y	Y						Y
YULE T1B FF VGN Soup Red Pepper and Tomato	Y	Y		Y							M										Y	Y						Y











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## 2021 T1B Christmas Festive Menu

Dish Name	Cereals containing Gluten :							Crustaceans	Eggs	Fish	Peanuts	Soybeans	Milk	Nuts :											Suitable for Vegetarians	Suitable for Vegans	
	Wheat	Spelt (Wheat)	Kamut (Wheat)	Rye	Barley	Oats	Almonds							Hazelnut	Walnut	Cashew nut	Pecan nut	Brazil nut	Pistachio nut	Macadamia nut or Queensland nut	Celery	Mustard	Sesame	Sulphur dioxide/sulphites			Lupin
YULE T1B FF KID VGN Meat-Free Sausages	Y	Y			Y	Y					Y															Y	Y
YULE T1B FF KID VGN Soup Tomato	Y	Y		Y								M							Y							Y	Y
YULE T1B FF KID VGN Sunday Carvery Meat-Free Sausages	Y	Y			Y	Y					Y									Y						Y	Y
YULE T1B FF KID VGN Veggie Meat-Free Burger	Y	Y			Y	Y																				Y	Y
<b>Sides</b>																											
YULE T1B FF Extra Cheesy Roast Potatoes												Y														Y	
YULE T1B FF Extra Pigs in Blankets (Bowl of 10)											Y									Y							

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## 2021 T1B New Years Eve Menu

Dish Name	<b>Cereals containing Gluten :</b>											<b>Nuts :</b>																	
	Wheat	Spelt (Wheat)	Kamut (Wheat)	Rye	Barley	Oats	Crustaceans	Eggs	Fish	Peanuts	Soybeans	Milk	Almonds	Hazelnut	Walnut	Cashew nut	Pecan nut	Brazil nut	Pistachio nut	Macadamia nut or Queensland nut	Celery	Mustard	Sesame	Sulphur dioxide/sulphites	Lupin	Molluscs	Suitable for Vegetarians	Suitable for Vegans	
YULE T1B NYE Chicken and Chorizo Terrine	Y	Y		Y							Y																		
YULE T1B NYE NGCI Chicken and Chorizo Terrine								Y			Y													Y					
YULE T1B NYE NGCI Prawn and Crayfish Cocktail							Y	Y	Y		Y											Y							
YULE T1B NYE NGCI Soup French Onion								Y			Y										Y	Y		Y			Y		
YULE T1B NYE Prawn and Crayfish Cocktail	Y	Y			Y		Y	Y	Y		Y											Y							
YULE T1B NYE Red Onion Brie and Cranberry Tart	Y	Y						Y			Y												Y				Y		
YULE T1B NYE Soup French Onion	Y	Y		Y							Y										Y	Y		Y			Y		
YULE T1B NYE VGN Soup French Onion	Y	Y		Y							M										Y	Y		Y			Y	Y	

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Dish Name	Cereals containing Gluten :											Nuts :															
	Wheat	Spelt (Wheat)	Kamut (Wheat)	Rye	Barley	Oats	Crustaceans	Eggs	Fish	Peanuts	Soybeans	Milk	Almonds	Hazelnut	Walnut	Cashew nut	Pecan nut	Brazil nut	Pistachio nut	Macadamia nut or Queensland nut	Celery	Mustard	Sesame	Sulphur dioxide/sulphites	Lupin	Molluscs	Suitable for Vegetarians

### Mains

YULE T1B NYE Candied Nut Roast										Y	Y		Y	Y				Y	Y									Y				Y	Y		
YULE T1B NYE Champagne Salmon								Y	Y		Y	Y																							
YULE T1B NYE Garlic Mushroom Sirloin	Y	Y										Y																							
YULE T1B NYE Hunters Pigs in Blanket Chicken											Y	Y													Y										
YULE T1B NYE NGCI Candied Nut Roast										Y	Y		Y	Y				Y	Y												Y	Y			
YULE T1B NYE NGCI Champagne Salmon								Y	Y		Y	Y																							
YULE T1B NYE NGCI Garlic Mushroom Sirloin													Y																						
YULE T1B NYE NGCI Hunters Pigs in Blanket Chicken											Y	Y													Y										
YULE T1B NYE NGCI VGN Candied Nut Roast										Y	Y		Y	Y				Y	Y											Y			Y	Y	
YULE T1B NYE VGN Candied Nut Roast										Y	Y		Y	Y				Y	Y											Y			Y	Y	





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## 2021 T1B Walk in Menu

Dish Name	<b>Cereals containing Gluten :</b>										<b>Nuts :</b>																
	Wheat	Spelt (Wheat)	Kamut (Wheat)	Rye	Barley	Oats	Crustaceans	Eggs	Fish	Peanuts	Soybeans	Milk	Almonds	Hazelnut	Walnut	Cashew nut	Pecan nut	Brazil nut	Pistachio nut	Macadamia nut or Queensland nut	Celery	Mustard	Sesame	Sulphur dioxide/sulphites	Lupin	Molluscs	Suitable for Vegetarians

### Grazers & Sides

YULE T1B Walk In Dirty Pigs in Blankets	Y				Y					Y											Y	Y		Y				
YULE T1B Walk In Extra Cheesy Roast Potatoes											Y																Y	
YULE T1B Walk In Extra Pigs in Blankets (Bowl of 10)										Y													Y					
YULE T1B Walk In Festive Sausage Roll	Y	Y		Y	Y			Y															Y					
YULE T1B Walk In Halloumi Fries	Y	Y									Y																Y	
YULE T1B Walk In Loaded Chips with Bacon	Y	Y									Y																	
YULE T1B Walk In Loaded Chips with chutney											Y												Y				Y	
YULE T1B Walk In Nachos Sharer	Y	Y								Y	Y												Y					
YULE T1B Walk In Sprout Fritters	Y	Y									Y																Y	
YULE T1B Walk In VGN Loaded Chips with Chutney																							Y			Y	Y	

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<b>Mains</b>																												
YULE T1B NGCI Walk In Four Cheese Steak												Y																
YULE T1B NGCI Walk In Roast Turkey												Y												Y				
YULE T1B Walk In Burger Brie and Bacon	Y	Y										Y	Y										Y					
YULE T1B Walk In Festive Vegan Burger	Y	Y			Y	Y																	Y				Y	Y
YULE T1B Walk In Festive Veggie Burger	Y	Y			Y	Y						Y											Y				Y	
YULE T1B Walk In Four Cheese Steak	Y	Y										Y																
YULE T1B Walk In Hunters Pigs in Blanket Chicken												Y	Y										Y					
YULE T1B Walk In NGCI Hunters Pigs in Blanket Chicken												Y	Y										Y					
YULE T1B Walk In Roast Turkey	Y	Y										Y											Y					
<b>Desserts</b>																												
YULE T1B Walk In Cheese and Biscuits	Y	Y			Y	Y			Y			Y	Y									Y		Y	Y			Y
YULE T1B Walk In Christmas Pudding	Y	Y										Y												Y				Y
YULE T1B Walk In VGN Christmas Pudding	Y	Y																						Y				Y