

Marston's Menu Item Allergens and Intolerance Report

All food is prepared in kitchens where nuts, gluten and other allergens could be present. We cannot include all ingredients in our menu descriptions, so we have produced the table below to help you identify the allergens present in each dish. If you have a food allergy please let us know before ordering.

2021 T1A Boxing Day Menu

Dish Name	Cereals containing Gluten :											Nuts :															
	Wheat	Spelt (Wheat)	Kamut (Wheat)	Rye	Barley	Oats	Crustaceans	Eggs	Fish	Peanuts	Soybeans	Milk	Almonds	Hazelnut	Walnut	Cashew nut	Pecan nut	Brazil nut	Pistachio nut	Macadamia nut or Queensland nut	Celery	Mustard	Sesame	Sulphur dioxide/sulphites	Lupin	Molluscs	Suitable for Vegetarians

Starters

YULE T1A BXD Chicken Garlic and Smoked Bacon Pate	Y	Y		Y							Y										Y			Y					
YULE T1A BXD Mini Breaded Camembert	Y	Y								Y	Y													Y			Y		
YULE T1A BXD NGCI Chicken Garlic and Smoked Bacon Pate								Y			Y										Y			Y					
YULE T1A BXD NGCI Prawn and Crayfish Cocktail						Y	Y	Y			Y											Y							
YULE T1A BXD NGCI Soup Red Pepper and Tomato							Y				Y										Y	Y					Y		
YULE T1A BXD Prawn and Crayfish Cocktail	Y	Y			Y	Y	Y	Y			Y											Y							
YULE T1A BXD Soup Red Pepper and Tomato	Y	Y		Y							Y										Y	Y					Y		
YULE T1A BXD VGN Soup Red Pepper and Tomato	Y	Y		Y							M										Y	Y					Y	Y	

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Mains

YULE T1A BXD Candied Nut Roast													Y	Y			Y	Y										Y			Y	Y	
YULE T1A BXD NGCI Candied Nut Roast													Y	Y			Y	Y											Y			Y	Y
YULE T1A BXD NGCI Roast Turkey															Y		Y												Y				
YULE T1A BXD NGCI Sirloin Steak with Braised Onions																													Y				
YULE T1A BXD NGCI VGN Candied Nut Roast													Y	Y			Y	Y											Y			Y	Y
YULE T1A BXD Posh Fish and Chips	Y	Y				Y			Y	Y																							
YULE T1A BXD Roast Turkey	Y	Y							Y				Y	Y	Y														Y				
YULE T1A BXD Sirloin Steak with Braised Onions	Y	Y																											Y				
YULE T1A BXD VGN Candied Nut Roast													Y	Y			Y	Y											Y			Y	Y

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Desserts

YULE T1A BXD Belgian Chocolate and Raspberry Truffle											Y	Y															Y			Y		
YULE T1A BXD Caramel Apple Tart	Y	Y				Y						Y	Y															Y			Y	
YULE T1A BXD Cheese and Biscuits	Y	Y			Y	Y			Y			Y	Y								Y			Y						Y		
YULE T1A BXD Lemon and Stem Ginger Cheesecake								Y				Y												Y						Y		
YULE T1A BXD NGCI Belgian Chocolate and Raspberry Truffle												Y	Y															Y			Y	
YULE T1A BXD NGCI Lemon and Stem Ginger Cheesecake								Y				Y												Y						Y		
YULE T1A BXD VGN Belgian Chocolate and Raspberry Truffle												Y																Y			Y	Y
YULE T1A BXD VGN Caramel Apple Tart	Y	Y				Y						Y												Y					Y		Y	Y
YULE T1B BXD Cheese and Biscuits	Y	Y			Y	Y		Y				Y	Y								Y		Y	Y					Y			

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2021 T1A Christmas Day Menu

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	Wheat	Spelt (Wheat)	Kamut (Wheat)	Rye	Barley	Oats	Crustaceans	Eggs	Fish	Peanuts	Soybeans	Milk	Almonds	Hazelnut	Walnut	Cashew nut	Pecan nut	Brazil nut	Pistachio nut	Macadamia nut or Queensland nut	Celery	Mustard	Sesame	Sulphur dioxide/sulphites	Lupin	Molluscs	Suitable for Vegetarians	Suitable for Vegans									
YULE T1A XMD Chicken and Chorizo Terrine	Y	Y		Y							Y																										
YULE T1A XMD NGCI Chicken and Chorizo Terrine								Y			Y																										
YULE T1A XMD NGCI Prawn and Crayfish Cocktail							Y	Y	Y		Y											Y															
YULE T1A XMD NGCI Soup French Onion								Y			Y										Y	Y		Y								Y					
YULE T1A XMD Prawn and Crayfish Cocktail	Y	Y			Y		Y	Y	Y		Y											Y															
YULE T1A XMD Red Onion Brie and Cranberry Tart	Y	Y						Y			Y													Y										Y			
YULE T1A XMD Soup French Onion	Y	Y		Y							Y										Y	Y		Y										Y			
YULE T1A XMD VGN Soup French Onion	Y	Y		Y							M										Y	Y		Y										Y	Y		

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YULE T1A XMD Candied Nut Roast									Y	Y		Y	Y			Y	Y							Y			Y	Y
YULE T1A XMD Champagne Salmon								Y	Y		Y	Y	Y											Y				
YULE T1A XMD Garlic Mushroom Sirloin											Y	Y											Y					
YULE T1A XMD NGCI Candied Nut Roast										Y	Y		Y	Y		Y	Y						Y				Y	Y
YULE T1A XMD NGCI Champagne Salmon								Y	Y		Y	Y	Y										Y					
YULE T1A XMD NGCI Garlic Mushroom Sirloin												Y	Y										Y					
YULE T1A XMD NGCI Roast Turkey											Y		Y										Y					
YULE T1A XMD NGCI VGN Candied Nut Roast										Y	Y		Y	Y		Y	Y						Y				Y	Y
YULE T1A XMD Roast Turkey	Y	Y						Y			Y	Y	Y										Y					
YULE T1A XMD VGN Candied Nut Roast										Y	Y		Y	Y		Y	Y						Y				Y	Y

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	Wheat	Spelt (Wheat)	Kamut (Wheat)	Rye	Barley	Oats	Crustaceans	Eggs	Fish	Peanuts	Soybeans	Milk	Almonds	Hazelnut	Walnut	Cashew nut	Pecan nut	Brazil nut	Pistachio nut	Macadamia nut or Queensland nut	Celery	Mustard	Sesame	Sulphur dioxide/sulphites	Lupin	Molluscs	Suitable for Vegetarians	Suitable for Vegans	
Desserts																													
YULE T1A XMD Caramel Apple Tart	Y	Y				Y					Y	Y																Y	
YULE T1A XMD Cheese and Biscuits	Y	Y		Y	Y			Y			Y	Y									Y		Y	Y				Y	
YULE T1A XMD Christmas Pudding	Y	Y										Y												Y				Y	
YULE T1A XMD Lemon and Stem Ginger Cheesecake								Y			Y												Y					Y	
YULE T1A XMD Mint Chocolate Gateau	Y	Y						Y			Y	Y																	
YULE T1A XMD NGCI Lemon and Stem Ginger Cheesecake								Y			Y													Y				Y	
YULE T1A XMD VGN Caramel Apple Tart	Y	Y				Y					Y													Y				Y	Y
YULE T1A XMD VGN Christmas Pudding	Y	Y																						Y				Y	Y

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Dish Name	Cereals containing Gluten :							Crustaceans	Eggs	Fish	Peanuts	Soybeans	Milk	Nuts :											Celery	Mustard	Sesame	Sulphur dioxide/sulphites	Lupin	Molluscs	Suitable for Vegetarians	Suitable for Vegans
	Wheat	Spelt (Wheat)	Kamut (Wheat)	Rye	Barley	Oats	Almonds							Hazelnut	Walnut	Cashew nut	Pecan nut	Brazil nut	Pistachio nut	Macadamia nut or Queensland nut												
YULE T1A XMD KID VGN Meat-Free Sausages	Y	Y			Y	Y					Y																Y			Y	Y	
YULE T1A XMD KID VGN Soup Tomato	Y	Y		Y								M									Y									Y	Y	
YULE T1A XMD U5 Carvery	Y	Y						Y			Y	Y	Y														Y					
YULE T1A XMD U5 Carvery Meat-Free Sausages	Y	Y			Y	Y		Y			Y	Y	Y														Y			Y		
YULE T1A XMD U5 Ice Cream											Y	Y																		Y		
YULE T1A XMD U5 Roast Turkey											Y																Y					
YULE T1A XMD U5 VGN Carvery Meat-Free Sausages	Y	Y			Y	Y					Y		Y														Y			Y	Y	
YULE T1A XMD U5 VGN Ice Cream											Y																			Y	Y	
YULE T1A XMD U5 VGN Meat-Free Sausages	Y	Y			Y	Y					Y																Y			Y	Y	
Sides																																
YULE T1A XMD Extra Cheesy Roast Potatoes												Y															Y			Y		
YULE T1A XMD Extra Pigs in Blankets (Bowl of 10)											Y																Y					

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2021 T1A Christmas Festive Menu

Dish Name	Cereals containing Gluten :											Nuts :																
	Wheat	Spelt (Wheat)	Kamut (Wheat)	Rye	Barley	Oats	Crustaceans	Eggs	Fish	Peanuts	Soybeans	Milk	Almonds	Hazelnut	Walnut	Cashew nut	Pecan nut	Brazil nut	Pistachio nut	Macadamia nut or Queensland nut	Celery	Mustard	Sesame	Sulphur dioxide/sulphites	Lupin	Molluscs	Suitable for Vegetarians	Suitable for Vegans
YULE T1A FF Chicken Garlic and Smoked Bacon Pate	Y	Y		Y							Y										Y			Y				
YULE T1A FF Mini Breaded Camembert	Y	Y								Y	Y												Y					Y
YULE T1A FF NGCI Chicken Garlic and Smoked Bacon Pate								Y			Y										Y			Y				
YULE T1A FF NGCI Prawn Cocktail							Y	Y	Y		Y											Y						
YULE T1A FF NGCI Soup Red Pepper and Tomato								Y			Y										Y	Y						Y
YULE T1A FF Prawn Cocktail	Y	Y			Y		Y	Y	Y		Y											Y						
YULE T1A FF Soup Red Pepper and Tomato	Y	Y		Y							Y										Y	Y						Y
YULE T1A FF VGN Soup Red Pepper and Tomato	Y	Y		Y							M										Y	Y						Y

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Dish Name	Cereals containing Gluten :										Nuts :										Suitable for Vegetarians	Suitable for Vegans						
	Wheat	Spelt (Wheat)	Kamut (Wheat)	Rye	Barley	Oats	Crustaceans	Eggs	Fish	Peanuts	Soybeans	Milk	Almonds	Hazelnut	Walnut	Cashew nut	Pecan nut	Brazil nut	Pistachio nut	Macadamia nut or Queensland nut			Celery	Mustard	Sesame	Sulphur dioxide/sulphites	Lupin	Molluscs
YULE T1A FF VGN Carvery Parsnip and Swede Rosti	Y	Y									Y													Y			Y	Y
YULE T1A FF VGN Sunday Carvery Parsnip and Swede Rosti	Y	Y									Y													Y			Y	Y

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Dish Name	<u>Cereals containing Gluten :</u>										<u>Nuts :</u>																	
	Wheat	Spelt (Wheat)	Kamut (Wheat)	Rye	Barley	Oats	Crustaceans	Eggs	Fish	Peanuts	Soybeans	Milk	Almonds	Hazelnut	Walnut	Cashew nut	Pecan nut	Brazil nut	Pistachio nut	Macadamia nut or Queensland nut	Celery	Mustard	Sesame	Sulphur dioxide/sulphites	Lupin	Molluscs	Suitable for Vegetarians	Suitable for Vegans

Sides

YULE T1A FF Extra Cheesy Roast Potatoes												Y												Y				Y	
YULE T1A FF Extra Pigs in Blankets (Bowl of 10)											Y													Y					

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2021 T1A New Years Eve

Dish Name	Cereals containing Gluten :											Nuts :																
	Wheat	Spelt (Wheat)	Kamut (Wheat)	Rye	Barley	Oats	Crustaceans	Eggs	Fish	Peanuts	Soybeans	Milk	Almonds	Hazelnut	Walnut	Cashew nut	Pecan nut	Brazil nut	Pistachio nut	Macadamia nut or Queensland nut	Celery	Mustard	Sesame	Sulphur dioxide/sulphites	Lupin	Molluscs	Suitable for Vegetarians	Suitable for Vegans
YULE T1A NYE Chicken and Chorizo Terrine	Y	Y		Y							Y													Y				
YULE T1A NYE NGCI Chicken and Chorizo Terrine								Y			Y													Y				
YULE T1A NYE NGCI Prawn and Crayfish Cocktail							Y	Y	Y		Y											Y						
YULE T1A NYE NGCI Soup French Onion								Y			Y										Y	Y		Y			Y	
YULE T1A NYE Prawn and Crayfish Cocktail	Y	Y			Y		Y	Y	Y		Y											Y						
YULE T1A NYE Red Onion Brie and Cranberry Tart	Y	Y						Y			Y													Y			Y	
YULE T1A NYE Soup French Onion	Y	Y		Y							Y										Y	Y		Y			Y	
YULE T1A NYE VGN Soup French Onion	Y	Y		Y							M										Y	Y		Y			Y	Y

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Mains

YULE T1A NYE Candied Nut Roast										Y	Y		Y	Y				Y	Y									Y				Y	Y		
YULE T1A NYE Champagne Salmon								Y	Y		Y	Y																							
YULE T1A NYE Garlic Mushroom Sirloin	Y	Y										Y																							
YULE T1A NYE Hunters Pigs in Blanket Chicken											Y	Y													Y										
YULE T1A NYE NGCI Candied Nut Roast										Y	Y		Y	Y				Y	Y												Y	Y			
YULE T1A NYE NGCI Champagne Salmon								Y	Y		Y	Y																							
YULE T1A NYE NGCI Garlic Mushroom Sirloin													Y																						
YULE T1A NYE NGCI Hunters Pigs in Blanket Chicken											Y	Y													Y										
YULE T1A NYE NGCI VGN Candied Nut Roast										Y	Y		Y	Y				Y	Y											Y			Y	Y	
YULE T1A NYE VGN Candied Nut Roast										Y	Y		Y	Y				Y	Y											Y			Y	Y	

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Carvery Mains

YULE T1A NYE Carvery	Y	Y						Y			Y	Y													Y					
YULE T1A NYE Carvery Candied Nut Roast	Y	Y						Y		Y	Y	Y	Y	Y			Y	Y								Y			Y	
YULE T1A NYE Carvery Champagne Salmon	Y	Y						Y	Y		Y	Y														Y				
YULE T1A NYE Carvery Garlic Mushroom Sirloin	Y	Y						Y			Y	Y														Y				
YULE T1A NYE NGCI Carvery											Y	Y														Y				
YULE T1A NYE NGCI Carvery Candied Nut Roast										Y	Y	Y	Y	Y			Y	Y								Y			Y	
YULE T1A NYE NGCI Carvery Champagne Salmon								Y	Y		Y	Y														Y				
YULE T1A NYE NGCI Carvery Steak and Garlic Mushrooms											Y	Y														Y				
YULE T1A NYE VGN Carvery Candied Nut Roast	Y	Y								Y	Y		Y	Y			Y	Y								Y			Y	Y

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2021 T1a Walk in Menu

Dish Name	Cereals containing Gluten :										Nuts :																	
	Wheat	Spelt (Wheat)	Kamut (Wheat)	Rye	Barley	Oats	Crustaceans	Eggs	Fish	Peanuts	Soybeans	Milk	Almonds	Hazelnut	Walnut	Cashew nut	Pecan nut	Brazil nut	Pistachio nut	Macadamia nut or Queensland nut	Celery	Mustard	Sesame	Sulphur dioxide/sulphites	Lupin	Molluscs	Suitable for Vegetarians	Suitable for Vegans
YULE T1A Walk In Dirty Pigs in Blankets											Y											Y		Y				
YULE T1A Walk In Extra Cheesy Roast Potatoes												Y												Y				Y
YULE T1A Walk In Extra Pigs in Blankets (Bowl of 10)											Y													Y				
YULE T1A Walk In Festive Sausage Roll	Y	Y			Y	Y			Y															Y				
YULE T1A Walk In Halloumi Fries	Y	Y										Y																Y
YULE T1A Walk In Loaded Chips with Bacon	Y	Y										Y																
YULE T1A Walk In Loaded Chips with Chutney												Y												Y				Y
YULE T1A Walk In Nachos Sharer	Y	Y									Y	Y												Y				
YULE T1A Walk In Sprout Fritters	Y	Y										Y																Y
YULE T1A Walk In VGN Loaded Chips with Chutney																								Y			Y	Y

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Mains																												
YULE T1A NGCI Walk In Four Cheese Steak											Y																	
YULE T1A NGCI Walk In Roast Turkey										Y													Y					
YULE T1A Walk In Burger Brie and Bacon	Y	Y								Y	Y												Y					
YULE T1A Walk In Festive Vegan Burger	Y	Y			Y	Y																	Y			Y	Y	
YULE T1A Walk In Festive Veggie Burger	Y	Y			Y	Y					Y												Y			Y		
YULE T1A Walk In Four Cheese Steak	Y	Y									Y																	
YULE T1A Walk In Hunters Pigs in Blanket Chicken										Y	Y												Y					
YULE T1A Walk In NGCI Hunters Pigs in Blanket Chicken										Y	Y												Y					
YULE T1A Walk In Roast Turkey	Y	Y								Y													Y					
Desserts																												
YULE T1A Walk In Cheese and Biscuits	Y	Y			Y	Y		Y			Y	Y									Y		Y	Y			Y	
YULE T1A Walk In Christmas Pudding	Y	Y										Y												Y			Y	
YULE T1A Walk In VGN Christmas Pudding	Y	Y																						Y			Y	Y