

Marston's Menu Item Allergens and Intolerance Report

All food is prepared in kitchens where nuts, gluten and other allergens could be present. We cannot include all ingredients in our menu descriptions, so we have produced the table below to help you identify the allergens present in each dish. If you have a food allergy please let us know before ordering.

2020 T1 New Years Eve

Dish Name	<u>Cereals containing Gluten :</u>											<u>Nuts :</u>																
	Wheat	Spelt (Wheat)	Kamut (Wheat)	Rye	Barley	Oats	Crustaceans	Eggs	Fish	Peanuts	Soybeans	Milk	Almonds	Hazelnut	Walnut	Cashew nut	Pecan nut	Brazil nut	Pistachio nut	Macadamia nut or Queensland nut	Celery	Mustard	Sesame	Sulphur dioxide/sulphites	Lupin	Molluscs	Suitable for Vegetarians	Suitable for Vegans
YULE Chicken and Chorizo Terrine	Y	Y		Y							Y													Y				
YULE NDCI Prawn and Crayfish Cocktail	Y	Y			Y		Y	Y														Y		Y				
YULE NDCI Terrine Chicken and Chorizo	Y	Y		Y																				Y				
YULE NGCI Chicken and Chorizo Terrine								Y			Y													Y				
YULE NGCI Prawn and Crayfish Cocktail							Y	Y			Y											Y		Y				
YULE NGCI Soup French Onion								Y			Y										Y	Y		Y			Y	
YULE Prawn and Crayfish Cocktail	Y	Y			Y		Y	Y			Y											Y		Y				
YULE Red Onion Brie and Cranberry Tart	Y	Y						Y			Y													Y			Y	
YULE Soup French Onion	Y	Y		Y							Y										Y	Y		Y			Y	
YULE VGN Soup French Onion	Y	Y		Y																	Y	Y		Y			Y	Y

All food is prepared in kitchens where nuts, gluten and other allergens could be present. We cannot include all ingredients in our menu descriptions, so we have produced the table below to help you identify the allergens present in each dish. If you have a food allergy please let us know before ordering.

2020 T1 New Years Eve

Dish Name	<u>Cereals containing Gluten :</u>										<u>Nuts :</u>										Suitable for Vegetarians	Suitable for Vegans			
	Wheat	Spelt (Wheat)	Kamut (Wheat)	Rye	Barley	Oats	Crustaceans	Eggs	Fish	Peanuts	Soybeans	Milk	Almonds	Hazelnut	Walnut	Cashew nut	Pecan nut	Brazil nut	Pistachio nut	Macadamia nut or Queensland nut			Celery	Mustard	Sesame

Mains

YULE NYE Champagne Salmon											Y	Y																							
YULE NYE NGCI Champagne Salmon											Y	Y																							
YULE T1 Hunters Pigs in Blanket Chicken																Y	Y							Y											
YULE T1 NGCI Hunters Pigs in Blanket Chicken																Y	Y							Y											
YULE T1 NYE Garlic Mushroom Sirloin	Y	Y															Y																		
YULE T1 NYE NGCI Garlic Mushroom Sirloin																Y																			
YULE T1 XMD Candied Nut Roast													Y	Y				Y	Y						Y						Y	Y			
YULE T1 XMD NGCI Candied Nut Roast													Y	Y				Y	Y					Y							Y	Y			
YULE T1 XMD NGCI VGN Candied Nut Roast													Y	Y				Y	Y					Y							Y	Y			
YULE T1 XMD VGN Candied Nut Roast													Y	Y				Y	Y					Y							Y	Y			

All food is prepared in kitchens where nuts, gluten and other allergens could be present. We cannot include all ingredients in our menu descriptions, so we have produced the table below to help you identify the allergens present in each dish. If you have a food allergy please let us know before ordering.

2020 T1 New Years Eve

Dish Name	Cereals containing Gluten :						Crustaceans	Eggs	Fish	Peanuts	Soybeans	Milk	Nuts :												
	Wheat	Spelt (Wheat)	Kamut (Wheat)	Rye	Barley	Oats							Almonds	Hazelnut	Walnut	Cashew nut	Pecan nut	Brazil nut	Pistachio nut	Macadamia nut or Queensland nut	Celery	Mustard	Sesame	Sulphur dioxide/sulphites	Lupin

Carvery Mains

YULE T1 FF Carvery	Y	Y				Y			Y			Y	Y																																							
YULE T1 FF NGCI Carvery												Y	Y																								Y															
YULE T1 NGCI NYE Carvery Champagne Salmon									Y	Y		Y	Y																																							
YULE T1 NGCI NYE Carvery Steak and Garlic Mushrooms													Y																																							
YULE T1 NYE Carvery Candied Nut Roast	Y	Y				Y			Y		Y	Y	Y	Y	Y						Y	Y																			Y											
YULE T1 NYE Carvery Champagne Salmon	Y					Y			Y	Y		Y	Y																																							
YULE T1 NYE Carvery Garlic Mushroom Sirloin	Y					Y							Y																																							
YULE T1 NYE NGCI Carvery Candied Nut Roast												Y	Y	Y	Y						Y	Y																							Y							
YULE T1 VGN NYE Carvery Candied Nut Roast	Y	Y											Y	Y							Y	Y																									Y				Y	Y

All food is prepared in kitchens where nuts, gluten and other allergens could be present. We cannot include all ingredients in our menu descriptions, so we have produced the table below to help you identify the allergens present in each dish. If you have a food allergy please let us know before ordering.

2020 T1 Boxing Day Menu

Dish Name	Cereals containing Gluten :											Nuts :																
	Wheat	Spelt (Wheat)	Kamut (Wheat)	Rye	Barley	Oats	Crustaceans	Eggs	Fish	Peanuts	Soybeans	Milk	Almonds	Hazelnut	Walnut	Cashew nut	Pecan nut	Brazil nut	Pistachio nut	Macadamia nut or Queensland nut	Celery	Mustard	Sesame	Sulphur dioxide/sulphites	Lupin	Molluscs	Suitable for Vegetarians	Suitable for Vegans
YULE Chicken Garlic and Smoked Bacon Pate	Y	Y		Y							Y													Y				
YULE Mini Breadcr Camembert	Y	Y								Y	Y													Y			Y	
YULE NDCI Prawn and Crayfish Cocktail	Y	Y			Y		Y	Y														Y		Y				
YULE NGCI Chicken Garlic and Smoked Bacon Pate	Y	Y		Y							Y													Y				
YULE NGCI Chicken Garlic and Smoked Bacon Pate (OLD)								Y			Y													Y				
YULE NGCI Prawn and Crayfish Cocktail							Y	Y			Y											Y		Y				
YULE NGCI Soup Red Pepper and Tomato								Y			Y											Y	Y				Y	
YULE Prawn and Crayfish Cocktail	Y	Y			Y		Y	Y			Y											Y		Y				
YULE Soup Red Pepper and Tomato	Y	Y		Y							Y											Y	Y				Y	
YULE VGN Soup Red Pepper and Tomato	Y	Y		Y																		Y	Y				Y	Y

All food is prepared in kitchens where nuts, gluten and other allergens could be present. We cannot include all ingredients in our menu descriptions, so we have produced the table below to help you identify the allergens present in each dish. If you have a food allergy please let us know before ordering.

2020 T1 Boxing Day Menu

Dish Name	Cereals containing Gluten :										Nuts :																	
	Wheat	Spelt (Wheat)	Kamut (Wheat)	Rye	Barley	Oats	Crustaceans	Eggs	Fish	Peanuts	Soybeans	Milk	Almonds	Hazelnut	Walnut	Cashew nut	Pecan nut	Brazil nut	Pistachio nut	Macadamia nut or Queensland nut	Celery	Mustard	Sesame	Sulphur dioxide/sulphites	Lupin	Molluscs	Suitable for Vegetarians	Suitable for Vegans

Mains

YULE T1 BXD NDCI Roast Turkey	Y	Y									Y																					
YULE T1 BXD NGCI Roast Turkey											Y																					
YULE T1 BXD NGCI Sirloin Steak with Braised Onions																								Y								
YULE T1 BXD Posh Fish and Chips	Y	Y			Y			Y	Y																							
YULE T1 BXD Roast Turkey	Y	Y						Y			Y	Y													Y							
YULE T1 BXD Sirloin Steak with Braised Onions	Y	Y																						Y								
YULE T1 XMD Candied Nut Roast										Y			Y	Y		Y	Y							Y					Y	Y		
YULE T1 XMD NGCI Candied Nut Roast										Y			Y	Y		Y	Y							Y					Y	Y		
YULE T1 XMD NGCI VGN Candied Nut Roast										Y			Y	Y		Y	Y							Y					Y	Y		
YULE T1 XMD VGN Candied Nut Roast										Y			Y	Y		Y	Y							Y					Y	Y		

All food is prepared in kitchens where nuts, gluten and other allergens could be present. We cannot include all ingredients in our menu descriptions, so we have produced the table below to help you identify the allergens present in each dish. If you have a food allergy please let us know before ordering.

2020 T1 Boxing Day Menu

Dish Name	Cereals containing Gluten :										Nuts :																
	Wheat	Spelt (Wheat)	Kamut (Wheat)	Rye	Barley	Oats	Crustaceans	Eggs	Fish	Peanuts	Soybeans	Milk	Almonds	Hazelnut	Walnut	Cashew nut	Pecan nut	Brazil nut	Pistachio nut	Macadamia nut or Queensland nut	Celery	Mustard	Sesame	Sulphur dioxide/sulphites	Lupin	Molluscs	Suitable for Vegetarians

Desserts

YULE Caramel Apple Tart	Y	Y				Y					Y	Y																Y				Y	
YULE Cheese and Biscuits	Y	Y			Y	Y		Y				Y	Y								Y		Y	Y						Y			
YULE T1 Belgian Chocolate and Raspberry Truffle												Y	Y											Y							Y		
YULE T1 Lemon and Stem Ginger Cheesecake								Y				Y												Y							Y		
YULE T1 NGCI Belgian Chocolate and Raspberry Truffle												Y	Y											Y							Y		
YULE T1 NGCI Lemon and Stem Ginger Cheesecake								Y				Y												Y							Y		
YULE T1 VGN Belgian Chocolate and Raspberry Truffle												Y												Y						Y	Y	Y	
YULE VGN Caramel Apple Tart	Y	Y				Y						Y												Y						Y	Y	Y	

All food is prepared in kitchens where nuts, gluten and other allergens could be present. We cannot include all ingredients in our menu descriptions, so we have produced the table below to help you identify the allergens present in each dish. If you have a food allergy please let us know before ordering.

2020 T1 Christmas Day Menu

Dish Name	Cereals containing Gluten :											Nuts :															
	Wheat	Spelt (Wheat)	Kamut (Wheat)	Rye	Barley	Oats	Crustaceans	Eggs	Fish	Peanuts	Soybeans	Milk	Almonds	Hazelnut	Walnut	Cashew nut	Pecan nut	Brazil nut	Pistachio nut	Macadamia nut or Queensland nut	Celery	Mustard	Sesame	Sulphur dioxide/sulphites	Lupin	Molluscs	Suitable for Vegetarians

Day Starters

YULE Chicken and Chorizo Terrine	Y	Y		Y							Y													Y					
YULE NDCI Prawn and Crayfish Cocktail	Y	Y			Y		Y	Y														Y		Y					
YULE NDCI Terrine Chicken and Chorizo	Y	Y		Y																				Y					
YULE NGCI Chicken and Chorizo Terrine								Y			Y													Y					
YULE NGCI Prawn and Crayfish Cocktail							Y	Y			Y											Y		Y					
YULE NGCI Soup French Onion								Y			Y										Y	Y		Y				Y	
YULE Prawn and Crayfish Cocktail	Y	Y			Y		Y	Y			Y											Y		Y					
YULE Red Onion Brie and Cranberry Tart	Y	Y						Y			Y													Y				Y	
YULE Soup French Onion	Y	Y		Y							Y										Y	Y		Y				Y	
YULE VGN Soup French Onion	Y	Y		Y																	Y	Y		Y				Y	Y

All food is prepared in kitchens where nuts, gluten and other allergens could be present. We cannot include all ingredients in our menu descriptions, so we have produced the table below to help you identify the allergens present in each dish. If you have a food allergy please let us know before ordering.

2020 T1 Christmas Day Menu

Dish Name	Cereals containing Gluten :							Crustaceans	Eggs	Fish	Peanuts	Soybeans	Milk	Nuts :											Celery	Mustard	Sesame	Sulphur dioxide/sulphites	Lupin	Molluscs	Suitable for Vegetarians	Suitable for Vegans
	Wheat	Spelt (Wheat)	Kamut (Wheat)	Rye	Barley	Oats	Almonds							Hazelnut	Walnut	Cashew nut	Pecan nut	Brazil nut	Pistachio nut	Macadamia nut or Queensland nut												
YULE T1 XMD Candied Nut Roast										Y			Y	Y				Y	Y									Y			Y	Y
YULE T1 XMD Champagne Salmon								Y	Y		Y	Y																				
YULE T1 XMD Garlic Mushroom Sirloin												Y																				
YULE T1 XMD NDCI Roast Turkey	Y	Y									Y																	Y				
YULE T1 XMD NGCI Candied Nut Roast										Y			Y	Y				Y	Y									Y			Y	Y
YULE T1 XMD NGCI Champagne Salmon								Y	Y		Y	Y																				
YULE T1 XMD NGCI Garlic Mushroom Sirloin													Y																			
YULE T1 XMD NGCI Roast Turkey											Y																Y					
YULE T1 XMD NGCI VGN Candied Nut Roast											Y		Y	Y				Y	Y								Y			Y	Y	
YULE T1 XMD Roast Turkey	Y	Y						Y			Y	Y															Y					
YULE T1 XMD VGN Candied Nut Roast											Y		Y	Y				Y	Y								Y			Y	Y	

All food is prepared in kitchens where nuts, gluten and other allergens could be present. We cannot include all ingredients in our menu descriptions, so we have produced the table below to help you identify the allergens present in each dish. If you have a food allergy please let us know before ordering.

2020 T1 Christmas Day Menu

Dish Name	Cereals containing Gluten :										Nuts :																		
	Wheat	Spelt (Wheat)	Kamut (Wheat)	Rye	Barley	Oats	Crustaceans	Eggs	Fish	Peanuts	Soybeans	Milk	Almonds	Hazelnut	Walnut	Cashew nut	Pecan nut	Brazil nut	Pistachio nut	Macadamia nut or Queensland nut	Celery	Mustard	Sesame	Sulphur dioxide/sulphites	Lupin	Molluscs	Suitable for Vegetarians	Suitable for Vegans	
Desserts																													
YULE Caramel Apple Tart	Y	Y				Y					Y	Y																Y	
YULE Cheese and Biscuits	Y	Y		Y	Y			Y			Y	Y									Y		Y	Y				Y	
YULE Christmas Pudding	Y	Y										Y												Y				Y	
YULE T1 Lemon and Stem Ginger Cheesecake								Y				Y												Y				Y	
YULE T1 Mint Chocolate Gateau	Y	Y						Y			Y	Y																	
YULE T1 NGCI Lemon and Stem Ginger Cheesecake								Y				Y												Y				Y	
YULE VGN Caramel Apple Tart	Y	Y				Y					Y													Y				Y	Y

All food is prepared in kitchens where nuts, gluten and other allergens could be present. We cannot include all ingredients in our menu descriptions, so we have produced the table below to help you identify the allergens present in each dish. If you have a food allergy please let us know before ordering.

2020 T1 Christmas Day Menu

Dish Name	Cereals containing Gluten :										Nuts :																		
	Wheat	Spelt (Wheat)	Kamut (Wheat)	Rye	Barley	Oats	Crustaceans	Eggs	Fish	Peanuts	Soybeans	Milk	Almonds	Hazelnut	Walnut	Cashew nut	Pecan nut	Brazil nut	Pistachio nut	Macadamia nut or Queensland nut	Celery	Mustard	Sesame	Sulphur dioxide/sulphites	Lupin	Molluscs	Suitable for Vegetarians	Suitable for Vegans	
Carvery																													
YULE T1 XMD Carvery	Y	Y			Y			Y			Y	Y																	
YULE T1 XMD Carvery Candied Nut Roast	Y	Y			Y			Y		Y		Y	Y	Y			Y	Y								Y			Y
YULE T1 XMD Carvery Champagne Salmon	Y				Y			Y	Y		Y	Y																	
YULE T1 XMD Carvery Garlic Mushroom Sirloin	Y				Y							Y																	
YULE T1 XMD NDCI Carvery	Y	Y										Y														Y			
YULE T1 XMD NGCI Carvery												Y	Y												Y				
YULE T1 XMD NGCI Carvery Candied Nut Roast												Y	Y	Y			Y	Y							Y				Y
YULE T1 XMD NGCI Carvery Champagne Salmon								Y	Y		Y	Y																	
YULE T1 XMD NGCI Carvery Garlic Mushroom Sirloin												Y																	
YULE T1 XMD NGCI VGN Carvery Candied Nut Roast												Y	Y				Y	Y							Y				Y
YULE T1 XMD VGN Carvery Candied Nut Roast	Y	Y										Y	Y				Y	Y							Y				Y

All food is prepared in kitchens where nuts, gluten and other allergens could be present. We cannot include all ingredients in our menu descriptions, so we have produced the table below to help you identify the allergens present in each dish. If you have a food allergy please let us know before ordering.

2020 T1 Christmas Day Menu

Dish Name	Cereals containing Gluten :											Nuts :																	
	Wheat	Spelt (Wheat)	Kamut (Wheat)	Rye	Barley	Oats	Crustaceans	Eggs	Fish	Peanuts	Soybeans	Milk	Almonds	Hazelnut	Walnut	Cashew nut	Pecan nut	Brazil nut	Pistachio nut	Macadamia nut or Queensland nut	Celery	Mustard	Sesame	Sulphur dioxide/sulphites	Lupin	Molluscs	Suitable for Vegetarians	Suitable for Vegans	
Children																													
YULE KID Christmas Pudding	Y	Y										Y													Y			Y	
YULE KID NGCI Sirloin Steak 4oz																													
YULE KID NGCI Soup Tomato								Y				Y										Y						Y	
YULE KID NGCI VGN Ice Cream											Y																	Y	Y
YULE KID Sirloin Steak 4oz																													
YULE KID Soup Tomato	Y	Y		Y								Y										Y						Y	
YULE KID VGN Garlic Bread	Y	Y																										Y	Y
YULE KID VGN Ice Cream											Y																	Y	Y
YULE KID VGN Soup Tomato	Y	Y		Y																		Y						Y	Y
YULE T1 KID Chocolate Brownie	Y	Y						Y			Y	Y																Y	
YULE T1 KID Ice Cream												Y	Y															Y	
YULE T1 KID NGCI Ice Cream												Y	Y															Y	
YULE T1 U5 Ice Cream												Y	Y															Y	
YULE T1 XMD KID Carvery	Y	Y			Y			Y			Y	Y												Y					
YULE T1 XMD KID Carvery Meat-Free Sausages	Y	Y			Y			Y				Y																Y	
YULE T1 XMD KID NGCI Carvery												Y	Y											Y					
YULE T1 XMD KID NGCI Roast Turkey												Y												Y					
YULE T1 XMD KID Roast Turkey	Y	Y										Y												Y					

All food is prepared in kitchens where nuts, gluten and other allergens could be present. We cannot include all ingredients in our menu descriptions, so we have produced the table below to help you identify the allergens present in each dish. If you have a food allergy please let us know before ordering.

2020 Yuletide BWS T1 Menu

Dish Name	Cereals containing Gluten :										Nuts :																		
	Wheat	Spelt (Wheat)	Kamut (Wheat)	Rye	Barley	Oats	Crustaceans	Eggs	Fish	Peanuts	Soybeans	Milk	Almonds	Hazelnut	Walnut	Cashew nut	Pecan nut	Brazil nut	Pistachio nut	Macadamia nut or Queensland nut	Celery	Mustard	Sesame	Sulphur dioxide/sulphites	Lupin	Molluscs	Suitable for Vegetarians	Suitable for Vegans	
Breakfast																													
YULE BWS Adult Veggie Breakfast	Y	Y			Y			Y																				Y	
YULE BWS KID Veggie Breakfast	Y	Y			Y			Y																				Y	
YULE BWS KID VGN Breakfast	Y	Y			Y																							Y	Y
YULE BWS VGN Adult Breakfast	Y	Y			Y																							Y	Y
YULE T1 BWS Breakfast	Y	Y			Y			Y																Y					
YULE T1 BWS KID Breakfast								Y																Y					