

All food is prepared in kitchens where nuts, gluten and other allergens could be present. We cannot include all ingredients in our menu descriptions, so we have produced the table below to help you identify the allergens present in each dish. If you have a food allergy please let us know before ordering.

CCM Carvery F.W.E LN 2019

Dish Name	Cereals containing Gluten :											Nuts :															
	Wheat	Spelt (Wheat)	Kamut (Wheat)	Rye	Barley	Oats	Crustaceans	Eggs	Fish	Peanuts	Soybeans	Milk	Almonds	Hazelnut	Walnut	Cashew nut	Pecan nut	Brazil nut	Pistachio nut	Macadamia nut or Queensland nut	Celery	Mustard	Sesame	Sulphur dioxide/sulphites	Lupin	Molluscs	Suitable for Vegetarians

Weekday Carvery

CCM M1 Carvery FWE Large	Y	Y			Y			Y				Y										Y	Y					
CCM M1 Carvery FWE Large Upgrade	Y	Y			Y			Y				Y												Y				
CCM M1 Carvery FWE Small	Y	Y			Y			Y				Y										Y	Y					
CCM M1 Carvery FWE Standard	Y	Y			Y			Y				Y										Y	Y					
CCM M1 Carvery Meat Free Small	Y	Y			Y			Y				Y										Y	Y				Y	
CCM M1 Carvery Meat Free Standard	Y	Y			Y			Y				Y										Y	Y				Y	
CCM M1 Carvery Veg Large	Y	Y			Y			Y				Y										Y	Y	Y			Y	
CCM M1 Carvery Veg Small	Y	Y			Y			Y				Y										Y	Y	Y			Y	
CCM M1 Carvery Veg Standard	Y	Y			Y			Y				Y										Y	Y	Y			Y	

Sunday and BH Carvery

CCM M1 Carvery FWE Sunday Large	Y	Y			Y			Y				Y										Y	Y					
CCM M1 Carvery FWE Sunday Small	Y	Y			Y			Y				Y										Y	Y					
CCM M1 Carvery FWE Sunday Standard	Y	Y			Y			Y				Y										Y	Y					
CCM M1 Carvery Meat Free Sunday Small	Y	Y			Y			Y				Y										Y	Y	Y			Y	
CCM M1 Carvery Meat Free Sunday Standard	Y	Y			Y			Y				Y										Y	Y	Y			Y	
CCM M1 Carvery Veg Sunday Small	Y	Y			Y			Y				Y										Y	Y	Y			Y	
CCM M1 Carvery Veg Sunday Standard	Y	Y			Y			Y				Y										Y	Y	Y			Y	

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Weekday Carvery																													
CCM M1 Carvery Meat Free Small	Y	Y			Y			Y			Y											Y	Y				Y		
CCM M1 Carvery Meat Free Standard	Y	Y			Y			Y			Y											Y	Y				Y		
CCM M1 Carvery Non FWE Large Upgrade	Y	Y			Y			Y			Y													Y					
CCM M1 Carvery Non FWE Small	Y	Y			Y			Y			Y											Y	Y						
CCM M1 Carvery Non FWE Standard	Y	Y			Y			Y			Y											Y	Y						
CCM M1 Carvery Non FWE Sunday Large	Y	Y			Y			Y			Y											Y	Y						
CCM M1 Carvery Veg Large	Y	Y			Y			Y			Y											Y	Y				Y		
CCM M1 Carvery Veg Small	Y	Y			Y			Y			Y										Y	Y		Y			Y		
CCM M1 Carvery Veg Standard	Y	Y			Y			Y			Y										Y	Y		Y			Y		
Sunday and BH Carvery																													
CCM M1 Carvery Meat Free Sunday Small	Y	Y			Y			Y			Y											Y	Y				Y		
CCM M1 Carvery Meat Free Sunday Standard	Y	Y			Y			Y			Y											Y	Y				Y		
CCM M1 Carvery Non FWE Sunday Large	Y	Y			Y			Y			Y											Y	Y						
CCM M1 Carvery Non FWE Sunday Small	Y	Y			Y			Y			Y											Y	Y						
CCM M1 Carvery Non FWE Sunday Standard	Y	Y			Y			Y			Y											Y	Y						
CCM M1 Carvery Veg Sunday Small	Y	Y			Y			Y			Y										Y	Y		Y			Y		
CCM M1 Carvery Veg Sunday Standard	Y	Y			Y			Y			Y										Y	Y		Y			Y		

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CCM M1 Bacon Popcorn	Y	Y						Y																					
CCM M1 Buffalo Chicken Wings																													
CCM M1 Cheese and Bacon Crispy Potato Skins											Y												Y						
CCM M1 Cheese Crispy Potato Skins											Y												Y				Y		
CCM M1 Cheesy Garlic Bread Starter	Y	Y									Y																	Y	
CCM M1 Crispy Buttermilk Chicken	Y	Y									Y										Y								
CCM M1 Dirty Chilli	Y				Y						Y										Y	Y	Y						
CCM M1 Garlic Bread Starter	Y	Y																									Y	Y	
CCM M1 Giant Mediterranean Cheese Bite											Y											Y	Y				Y		
CCM M1 Golden Breaded Mushrooms	Y	Y						Y																			Y		
CCM M1 Halloumi Fries	Y	Y									Y																Y		
CCM M1 Mexican Nachos											Y												Y				Y		
CCM M1 Mexican Nachos Dirty Chilli	Y				Y						Y										Y	Y	Y						
CCM M1 Mexican Nachos Dirty Chilli Sharers	Y				Y						Y										Y	Y	Y						
CCM M1 Mexican Nachos Sharer											Y												Y				Y		
CCM M1 NGCI Cheese Crispy Potato Skins											Y												Y				Y		
CCM M1 NGCI Buffalo Chicken Wings																													
CCM M1 NGCI Cheese & Bacon Crispy Potato Skins											Y												Y						

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CCM M1 All Day Breakfast								Y																					
CCM M1 All Day Breakfast Pie	Y	Y			Y			Y		Y												Y		Y					
CCM M1 Battered Halloumi	Y	Y						Y			Y																	Y	
CCM M1 Beef Lasagne	Y	Y			Y			Y			Y										Y								
CCM M1 Beer Battered Fish and Chips	Y	Y			Y			Y	Y																				
CCM M1 Button Mushroom Pie	Y	Y									Y													Y			Y	Y	
CCM M1 Chicken and Waffles	Y	Y						Y			Y	Y									Y								
CCM M1 Chicken Gammon & Mustard Pie	Y	Y						Y			Y											Y		Y					
CCM M1 Chicken Tikka Masala	Y	Y									Y										Y	Y							
CCM M1 Deep South											Y													Y					
CCM M1 Deep South under 400											Y													Y					
CCM M1 Hunters Chicken											Y																		
CCM M1 Lentil & Vegetable Lasagne	Y	Y			Y						Y	Y										Y		Y			Y		
CCM M1 Lentil & Vegetable Lasagne Vegan	Y	Y			Y						Y											Y		Y			Y	Y	
CCM M1 NGCI All Day Breakfast								Y																Y					
CCM M1 NGCI Chicken Tikka Masala											Y											Y	Y						
CCM M1 NGCI Deep South											Y													Y					
CCM M1 NGCI Deep South < 400											Y													Y					

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CCM M1 Bacon																																
CCM M1 Bacon x2																																
CCM M1 Baked Beans																												Y	Y			
CCM M1 Beef Burger 6oz Extra																							Y									
CCM M1 Buttermilk Chicken x2	Y	Y									Y										Y											
CCM M1 Chip Shop Curry Sauce	Y	Y									Y										Y	Y						Y				
CCM M1 Chips 150g																												Y	Y			
CCM M1 Choice Onion Rings x3	Y	Y																										Y	Y			
CCM M1 Dirty Chilli Extra	Y				Y																Y	Y										
CCM M1 Extra 8oz Rump Steak																																
CCM M1 Extra Pie Veg																												Y	Y			
CCM M1 Fried Onions																												Y	Y			
CCM M1 Grated Cheese 28g											Y																	Y				
CCM M1 Ice Cream Scoop Vanilla											Y																	Y				
CCM M1 Pineapple																												Y	Y			
CCM M1 Sausage																							Y									
CCM M1 Sausage Quorn	Y	Y			Y			Y			Y																	Y				
CCM M1 Stuffing	Y	Y																										Y	Y			

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CCM M1 Sunday Veg																											Y	Y	
CCM M1 Toast and Butter	Y	Y			Y						Y																	Y	
CCM M1 Topper Beans																												Y	Y
CCM M1 Topper Beans n Cheese											Y																	Y	
CCM M1 Topper Cheese											Y																	Y	
CCM M1 Topper Chicken	Y	Y									Y											Y							
CCM M1 Topper Chilli Cheese	Y				Y						Y											Y	Y						
CCM M1 Yorkshire Pudding	Y	Y						Y			Y																Y		

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CCM M1 Burger Buffalo Crispy Chicken	Y	Y									Y										Y							
CCM M1 Burger Buffalo Crispy Chicken XL	Y	Y									Y										Y							
CCM M1 Burger Cajun Chicken Fajita	Y	Y																										
CCM M1 Burger Cajun Chicken Fajita XL	Y	Y																										
CCM M1 Burger Chippy Tea	Y	Y			Y	Y		Y	Y												Y	Y						
CCM M1 Burger Chippy Tea XL	Y	Y			Y	Y		Y	Y												Y	Y						
CCM M1 Burger Cowboy	Y	Y									Y													Y				
CCM M1 Burger Cowboy XL	Y	Y									Y													Y				
CCM M1 Burger Dirty Chilli Cheese	Y	Y			Y						Y										Y	Y		Y				
CCM M1 Burger Dirty Chilli Cheese XL	Y	Y			Y						Y										Y	Y		Y				
CCM M1 Burger Double Whammy	Y	Y									Y										Y			Y				
CCM M1 Burger Halloumi	Y	Y									Y																Y	
CCM M1 Burger Halloumi XL	Y	Y									Y																Y	
CCM M1 Burger Oozy Floozy	Y	Y									Y											Y		Y				
CCM M1 Burger Oozy Floozy XL	Y	Y									Y											Y		Y				
CCM M1 Burger Plain Beef	Y	Y																						Y				
CCM M1 Burger Plain Beef XL	Y	Y																						Y				
CCM M1 Burger Plain Buttermilk Chicken	Y	Y									Y										Y							

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CCM M1 Burger Plain Buttermilk Chicken XL	Y	Y										Y								Y									
CCM M1 Burger Skinny Buffalo Crispy Chicken	Y	Y										Y								Y									
CCM M1 Burger Skinny Cajun Chicken Fajita																													
CCM M1 Burger Skinny Chippy Tea	Y	Y			Y	Y	Y	Y											Y	Y									
CCM M1 Burger Skinny Cowboy												Y											Y						
CCM M1 Burger Skinny Dirty Chilli Cheese	Y				Y							Y							Y	Y		Y							
CCM M1 Burger Skinny Double Whammy	Y	Y										Y							Y			Y							
CCM M1 Burger Skinny Halloumi												Y														Y			
CCM M1 Burger Skinny Oozy Floozy												Y								Y		Y							
CCM M1 Burger Skinny Plain Beef																						Y							
CCM M1 Burger Skinny Plain Buttermilk Chicken	Y	Y										Y							Y										
CCM M1 Burger Skinny VGN Move Mountain	Y				Y						Y														Y	Y			
CCM M1 Burger VGN Move Mountain	Y	Y			Y						Y								Y		Y				Y	Y			
CCM M1 Burger VGN Plain Move Mountain	Y	Y			Y						Y								Y		Y				Y	Y			
CCM M1 Burger VGN Skinny Plain Move Mountain	Y				Y						Y														Y	Y			
CCM M1 NGCI Burger Skinny Cajun Chicken																													
CCM M1 NGCI Burger Skinny Cowboy												Y										Y							
CCM M1 NGCI Burger Skinny Halloumi												Y													Y				
CCM M1 NGCI Burger Skinny Oozy Floozy												Y							Y		Y								
CCM M1 NGCI Burger Skinny Plain Beef																						Y							

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Grill Toppers

CCM M1 Fried Egg								Y																				Y	
CCM M1 Peppercorn Sauce												Y										Y							
CCM M1 Scampi Pieces x5	Y	Y					Y																						

Light Bites

CCM M1 LB Gammon 4oz								Y																					
CCM M1 LB Gloucester Cheese and Hobgoblin Chutney Tart	Y	Y			Y							Y										Y		Y					
CCM M1 LB Ham and Eggs								Y																					
CCM M1 LB Hunters Chicken												Y																	
CCM M1 LB Lentil & Vegetable Lasagne	Y	Y			Y						Y											Y		Y			Y	Y	
CCM M1 LB Mini Fish and Chips	Y	Y						Y	Y																				
CCM M1 LB Quorn Sausage and Mash	Y	Y			Y			Y				Y															Y		
CCM M1 LB Sausage and Mash												Y												Y					
CCM M1 NGCI LB Gammon 4oz								Y																					
CCM M1 NGCI LB Ham Egg and Chips								Y																					
CCM M1 NGCI LB Hunters Chicken												Y																	
CCM M1 NGCI LB Sausage and Mash												Y												Y					

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Sunday																													
CCM M1 Cauliflower Cheese	Y				Y						Y																	Y	
CCM M1 Cheesy Mashed Potato 227g											Y																	Y	
CCM M1 Mashed Potato 227g											Y																	Y	
CCM M1 NGCI Sunday Chicken Child											Y													Y					
CCM M1 NGCI Sunday Roast Beef								Y			Y											Y		Y					
CCM M1 NGCI Sunday Roast Beef Child								Y			Y											Y		Y					
CCM M1 NGCI Sunday Roast Beef Large								Y			Y											Y		Y					
CCM M1 NGCI Sunday Roast Chicken											Y													Y					
CCM M1 NGCI Sunday Roast Turkey								Y			Y											Y		Y					
CCM M1 NGCI Sunday Roast Turkey Child								Y			Y											Y		Y					
CCM M1 NGCI Sunday Roast Turkey Large								Y			Y											Y		Y					
CCM M1 Pigs in Blankets x 10											Y													Y					
CCM M1 Pigs in Blankets x 3											Y													Y					
CCM M1 Roast Potatoes																								Y			Y	Y	
CCM M1 Sunday Cauliflower Cheese Tart	Y	Y						Y			Y											Y	Y	Y			Y		
CCM M1 Sunday Cauliflower Cheese Tart Child	Y	Y						Y			Y											Y	Y	Y			Y		
CCM M1 Sunday Roast Beef	Y	Y						Y			Y											Y		Y					
CCM M1 Sunday Roast Beef Child	Y	Y						Y			Y											Y		Y					

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CCM M1 Sunday Roast Beef Large	Y	Y						Y				Y														Y		Y							
CCM M1 Sunday Roast Chicken	Y	Y						Y				Y																Y							
CCM M1 Sunday Roast Chicken Child	Y	Y						Y				Y																Y							
CCM M1 Sunday Roast Turkey	Y	Y						Y			Y	Y																Y							
CCM M1 Sunday Roast Turkey Child	Y	Y						Y				Y																Y							
CCM M1 Sunday Roast Turkey Large	Y	Y						Y			Y	Y																Y							
CCM M1 Sunday Veg																															Y	Y			
CCM M1 Yorkshire Pudding Bowl	Y	Y						Y				Y																			Y				

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Curries																												
CCM M1 Beef Madras	Y	Y										Y										Y						
CCM M1 Chicken Pathia Curry	Y	Y										Y												Y				
CCM M1 Chicken Tikka Masala	Y	Y										Y									Y	Y						
CCM M1 Lamb Saag Masala	Y	Y										Y																
CCM M1 NGCI Beef Madras												Y										Y						
CCM M1 NGCI Chicken Pathia Curry																								Y				
CCM M1 NGCI Chicken Tikka Masala												Y									Y	Y						
CCM M1 NGCI Vegetable Jalfrezi																						Y						Y
CCM M1 Onion Bhajis	Y	Y																									Y	Y
CCM M1 Vegetable Jalfrezi	Y	Y										Y										Y					Y	
CCM M1 Vegetable Samosa	Y	Y																				Y					Y	Y
CCM M1 VGN Vegetable Jalfrezi																						Y					Y	Y
toasties																												
CCM M1 Toasties	Y	Y										Y	Y										Y				Y	

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CCM M1 Tartare Sauce								Y																					Y	
CCM M1 Toffee Sauce												Y																	Y	
CCM M1 Tuna Mayonnaise								Y	Y														Y							

