Marston's Menu Item Allergens and Intolerance Report

All food is prepared in kitchens where nuts, gluten and other allergens could be present. We cannot include all ingredients in our menu descriptions, so we have produced the table below to help you identify the allergens present in each dish. If you have a food allergy please let us know before ordering.

Community Premium Sunday Lunch Bolt On August 2021

Sunday

Dish Name	**Cereals containing Gluten :**	Wheat	Spelt (Wheat)	Kamut (Wheat)	Rye	Barley	Oats	Crustaceans	Eggs	Fish	Peanuts	Soybeans	Milk	**Nuts :**	Almonds	Hazelnut	Walnut	Cashew nut	Pecan nut	Brazil nut	Pistachio nut	Macadamia nut or Queensland nut	Celery	Mustard	Sesame	Sulphur dioxide/sulphites	Lupin	Molluscs	Suitable for Vegetarians	Suitable for Vegans
COM DN Cauliflower Cheese NEW												Y	Y													Y			Y	
COM DN Pigs in Blankets x 10												Y														Y				
COM DN SB NGCI Sunday Roast Chicken Child NEW												Y														Y				
COM DN SB NGCI Sunday Roast Chicken NEW												Y														Y				
COM DN SB NGCI Sunday Roast Topside of Beef Child NEW									Y			Y	Y											Y		Y				
COM DN SB NGCI Sunday Roast Topside of Beef NEW									Y			Y	Y											Y		Y				
COM DN SB Roast Potatoes Fresh NEW																										Y			Y	Y
COM DN SB Sunday Cauliflower Cheese Tart Child NEW	Y	Y							Y			Y	Y													Y			Y	
COM DN SB Sunday Cauliflower Cheese Tart NEW	Y	Y							Y			Y	Y													Y			Y	
COM DN SB Sunday Mushroom Broccoli Cheddar Wellington Child	Y	Y							Y			Y	Y											Y		Y			Y	
COM DN SB Sunday Mushroom Broccoli Cheddar Wellington NEW	Y	Y							Y			Y	Y											Y		Y			Y	
COM DN SB Sunday Roast Chicken Child NEW	Y	Y							Y			Y	Y													Y				
COM DN SB Sunday Roast Chicken Large NEW	Y	Y							Y			Y	Y													Y				
COM DN SB Sunday Roast Chicken NEW	Y	Y							Y			Y	Y													Y				
COM DN SB Sunday Roast Topside of Beef Child NEW	Y	Y							Y			Y	Y											Y		Y				
COM DN SB Sunday Roast Topside of Beef Large NEW	Y	Y							Y			Y	Y											Y						
COM DN SB Sunday Roast Topside of Beef NEW	Y	Y							Y			Y	Y											Y		Y				
COM DN SB Sunday Veg NEW																													Y	Y
COM DN Yorkshire Pudding	Y	Y							Y				Y																Y	