

relax,



breakfast is served.



If you have an allergy or intolerance, please speak to a member of our team before you order your food and drinks.
Full allergen and dietary information is available on our website.
Adults need around 2000 kcal a day.

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continental

£6.75

Create your own from the following options.

Pick one option from:

Pain au Chocolat (V) 285 kcal each

Croissant (V) 377 kcal each with butter

Two slices of white or multigrain toast with butter (V) 374 kcal

Enjoy your croissant or toast with your choice of jam (Ve) 55 kcal,

Nutella (V) 80 kcal, honey (V) 65 kcal or Marmite (Ve) 20 kcal

Pick two options from:

Cornflakes (V)

Fruit 'n' Fibre (Ve)

Special K (V)

Frosties (V)

See cereal boxes for calorie information

Porridge - Plain (V) 164 kcal or **Golden Syrup Flavour (V)** 213 kcal

Yogurt with Mixed Berries and Honey (V) 200 kcal

Piece of Fruit (Ve) Ask your server for available options.

Select your fruit juice:

Apple Juice (Ve) 98 kcal

Orange Juice (Ve) 96 kcal

PLUS your choice of

tea or coffee. Ask your

server for available options
& calorie information.

Milk alternatives: Soya Milk available 46 kcal per bowl of cereal.

breakfast sandwiches & toast

£7.25
including
continental



On Toast (V)

Your choice of white or multigrain toast 320 kcal

topped with either:

Free-Range Eggs - Poached 121 kcal, **Fried** 286 kcal or
Scrambled 320 kcal

Baked Beans (Ve) 150 kcal

Mushrooms (Ve) 181 kcal

On the run? Create your ideal **breakfast sandwich**
by choosing up to three of following fillings, served on
your choice of **white or multigrain bread** 320 kcal:

Lorne Sausage 149 kcal

Haggis 139 kcal

Pork Sausage 280 kcal

Plant-Based Sausage (Ve) 210 kcal

Bacon 143 kcal

Fried Free-Range Egg (V) 286 kcal

Mushroom (Ve) 181 kcal

**Smashed avocado flavoured with red pepper and
jalapeño (Ve)** 83 kcal

Smashed Avocado on Toast (Ve)

Avocado flavoured with red pepper
and jalapeño. Served on your choice of
white or multigrain toast 486 kcal.

Add your choice of Bacon 143 kcal or
free-range eggs either Poached 121 kcal,
Fried 286 kcal or Scrambled 320 kcal for
just 75p each.

Why not have both for £1.25?

cooked breakfast

£8.75
including
continental

Classic Scottish Breakfast

Lorne sausage, haggis, potato scone, a pork sausage, rasher of
crispy bacon, black pudding and fried free-range egg. Served with a grilled
flat mushroom, wedge of grilled tomato and baked beans. 1067 kcal

Classic Breakfast

Two rashers of crispy bacon, a pork sausage, black pudding,
fried free-range egg and hash brown. Served with a grilled flat mushroom,
wedge of grilled tomato and baked beans. 813 kcal

Classic Vegetarian (V)*

Two plant-based sausages, two fried free-range eggs and a hash brown.
Served with a grilled flat mushroom, wedge of grilled tomato and baked beans. 783 kcal

Classic Vegan (Ve)*

Two plant-based sausages, smashed avocado flavoured with red pepper and jalapeño and a
hash brown. Served with a grilled flat mushroom, wedge of tomato and baked beans. 660 kcal

Omelettes

A three free-range egg omelette with your choice of:
Bacon, Cheese and Mushroom 547 kcal or
Cheese and Mushroom (V) 475 kcal

American Style Pancakes

Three pancakes topped with maple syrup and either:
Mixed Berries (V) 452 kcal or Bacon 575 kcal



the works

£9.45
including
continental

The Scottish Full Works

A double portion of Lorne sausage and haggis, potato scone, a pork sausage,
two rashers of crispy bacon, black pudding and two fried free-range eggs. Served with a
grilled flat mushroom, wedge of grilled tomato and baked beans. 1570 kcal

The Full Works

Two pork sausages, two rashers of
crispy bacon, two slices of black
pudding, two fried free-range eggs and
two hash browns. Served with a grilled
flat mushroom, wedge of tomato and
baked beans. 1314 kcal

The Veggie Works (V)*

Two plant-based sausages, two fried free-range
eggs, two hash browns and two grilled flat
mushrooms. Served with a couple of wedges of
grilled tomato and baked beans. 995 kcal
(Ve)* Vegan option available - just a bigger version
of our classic vegan breakfast! 872 kcal

kids breakfast



Eat for
£2.50
including
continental

Classic Kids Scottish Breakfast

Lorne sausage, a pork sausage, rasher of crispy bacon, fried free-range egg and potato scone. Served with baked beans. 657 kcal

Classic Kids Breakfast (V)*

A pork sausage, rasher of crispy bacon, fried free-range egg and hash brown. Served with baked beans. 548 kcal

Classic Kids Vegetarian Breakfast (V)*

A plant-based sausage, fried free-range egg and hash brown. Served with baked beans. 441 kcal

Classic Kids Vegan Breakfast (Ve)*

Two plant-based sausages, a hash brown and baked beans. 403 kcal

Kids Pancakes

Two pancakes topped with maple syrup and either:
Mixed Berries (V) 284 kcal or Bacon 335 kcal.

relax,



eat well, sleep well.

Our Inns are always just a stones throw away from one of our fantastic pubs. Book direct for best rates & make the most of your stay with

20% off food*

when booking your room online.

Terms & Conditions: *20% off main menu (excluding breakfast) when you book direct.

Offer only available to dine in or takeaway customers NOT Click & Collect orders.

For full terms visit our website www.marstonsinns.co.uk/offer-tcs

Dishes subject to availability and alternatives may be offered where listed choice is not available. Due to the way our food is prepared it is not possible to guarantee the absence of allergens in our meals and we do not make a "free from" claim. Our allergen information only states allergens if they are an ingredient of a product. We do not include 'may contain' information. Our menu descriptions do not include all ingredients. Please speak to a member of staff should you have any concerns. Full allergen information is available from the pub or visit our website. (V) Suitable for vegetarians or vegetarian option available. (VE) Suitable for vegetarians & vegans or vegetarian/vegan option available. (V)* / (VE)* We cannot guarantee that our vegetarian & vegan dishes have been cooked in dedicated vegetarian/vegan fryers. Please ask a member of staff for more information. We regret that we cannot guarantee that our pork dishes do not contain bones. Calorie counts are for guidance only and are based on the complete dish/drink as listed on the menu, excluding any additional seasoning or sauces that may be added by the guest. Portion sizes may vary from the quantity on which the calculations have been based, therefore values may not be identical to those served in a particular pub. Photography is for illustrative purposes only.