

Marston's Menu Item Allergens and Intolerance Report

All food is prepared in kitchens where nuts, gluten and other allergens could be present. We cannot include all ingredients in our menu descriptions, so we have produced the table below to help you identify the allergens present in each dish. If you have a food allergy please let us know before ordering.

T1 Reduced Breakfast Menu - With Added Scottish Dishes 2021

Dish Name	<u>Cereals containing Gluten :</u>							Crustaceans	Eggs	Fish	Peanuts	Soybeans	Milk	<u>Nuts :</u>											Suitable for Vegetarians	Suitable for Vegans			
	Wheat	Spelt (Wheat)	Kamut (Wheat)	Rye	Barley	Oats	Almonds							Hazelnut	Walnut	Cashew nut	Pecan nut	Brazil nut	Pistachio nut	Macadamia nut or Queensland nut	Celery	Mustard	Sesame	Sulphur dioxide/sulphites			Lupin	Molluscs	
Hot Breakfast																													
BRK T1 Almost Eggs Benedict	Y	Y						Y				Y																	
BRK T1 Beans on Toast	Y	Y			Y																						Y	Y	
BRK T1 Breakfast	Y	Y			Y			Y				Y										Y							
BRK T1 Breakfast Large	Y	Y			Y			Y				Y										Y							
BRK T1 Pancakes Bacon and Maple Syrup	Y	Y						Y				Y																	
BRK T1 Ultimate Breakfast Bap	Y	Y						Y													Y						Y		
BRK T1 Veggie Breakfast	Y	Y			Y	Y		Y				Y															Y		
BRK T1 VGN Breakfast	Y	Y			Y	Y						Y															Y	Y	
Breakfast Muffins																													
BRK T1 Breakfast Muffin Bacon	Y	Y																			Y								
BRK T1 Breakfast Muffin Bacon and Egg	Y	Y						Y													Y								
BRK T1 Breakfast Muffin Sausage	Y	Y																			Y								
BRK T1 Breakfast Muffin Sausage and Egg	Y	Y						Y													Y						Y		
BRK T1 Breakfast Muffin Veggie Sausage	Y	Y			Y	Y															Y					Y	Y		
BRK T1 Breakfast Muffin Veggie Sausage and Egg	Y	Y			Y	Y		Y													Y					Y			

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SCOTTISH - SPECIFIC																												
BRK SCT Breakfast	Y	Y			Y	Y		Y				Y																Y
BRK SCT Breakfast Kids	Y	Y						Y				Y																Y
BRK SCT Breakfast Large	Y	Y			Y	Y		Y				Y																Y
BRK SCT Breakfast Muffin Lorne Sausage	Y	Y																				Y						Y
BRK SCT Breakfast Muffin Lorne Sausage and Bacon	Y	Y																				Y						Y
BRK SCT Breakfast Muffin Lorne Sausage and Egg	Y	Y						Y														Y						Y
BRK SCT Breakfast Muffin Lorne Sausage Bacon and Egg	Y	Y						Y														Y						Y
BRK SCT Extra Haggis 50g	Y					Y																						
BRK SCT Extra Lorne Sausage x1	Y	Y																										Y
BRK SCT Extra Potato Scone x2	Y	Y										Y																Y
BRK SCT Ultimate Breakfast Bap	Y	Y				Y		Y														Y						Y